



Tasty Por'Tions Catering & Kitchen

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www.tastyportionsatl.com

Entree Menu:

Meats/Poultry/Seafood

Classic Oven Baked Chicken (*Breasts, wings, thighs, & legs*)

Parmesan Crusted Chicken Breasts

(*Boneless breasts, cheese and panko topping*)

Teriyaki Glazed Boneless Breast

(*Boneless breasts, special Tasty P's teriyaki sauce*)

Oven Mushroom Chicken Boneless Breast

(*Boneless breasts in a savory mushroom sauce*)

Braised Jerk Chicken Thighs

(*Thighs, braised in a special jerk season/sauce, peppers*)

Stew Chicken

Rosemary Garlic Chicken

Tuscan Chicken

(*Boneless breasts, spinach, roasted red peppers, in creamy tuscan sauce*)

Spinach-Stuffed Breasts

(*Cheesy parmesan spinach mix*)

****Steak Tenderloin****

Ribeye Steak

Chopped Steak & Gravy

****Roast Beef ****

(*Oven roasted roast in savory beef gravy/onions*)

Marinated Lamb Chops or Loin

(*Marinated lamb chops or loin/seasonal, garlic butter topping*)

Oven Roasted Rosemary Pork Roast

Oven Roasted Pork Tenderlion

Jerk Cornish Hens

Cajun "dirty rice" Stuffed Cornish Hens

Smothered Boneless Pork Chops

Oven Turkey Breast

Spinach Stuffed Salmon Filets

(*Fresh Salmon, stuffed with sautéed spinach, cheese*)



Whole Roasted Chicken

Jerk Roasted Whole Chicken

****Teriyaki Glazed Salmon****

(Fresh Salmon glazed in special Tasty P's Teriyaki Sauce, pineapple salsa)

Salmon New Orleans

(Salmon filets in a cajun shrimp sauce)

Tuscan Tilapia

Salmon Filets

(Creamy spinach, garlic butter sauce)

Parmesan Crusted Tilapia

(Tilapia crusted in parmesan panko crust, baked in herb butter)

Creole Tilapia

(Mild cajun seasoned tilapia, in a creole (onions, peppers) tomato sauce)

Creole Shrimp & Grits

Shrimp & Veggie Stir-Fry

Chicken & Veggie Stir-Fry

Vegetarian/Vegan Stir-Fry

Side Items:

Buttery Mashed Potatoes

Garlic Mashed Potatoes

Red Mashed Potatoes

Loaded Mashed Potato Casserole

Roasted Red Potatoes

Honey Glazed Garlic Potatoes

Honey Glazed Carrots

Mashed Cauliflower

Cauliflower in Cheese Sauce

Roasted Carrots

Vegetable Medley

Macaroni & Cheese

Lobster Macaroni & Cheese

Squash Casserole



Sautéed Spinach
Creamed Chessy Spinach
Cheesy Potato Casserole
(Cut russet potatoes in a homemade cheese sauce, topped with bacon)
Broccoli/Rice/Cheese Casserole
Southern Style Green Beans *(Turkey Meat)*

SIDES:

Sweet Potato Soufflé
(Plain, Pecan crusted(\$), or marshmallow topping)
Sautéed Asparagus
Bacon Wrapped Asparagus
Fresh Corn on the Cob
Mexican Street Corn
Wild Rice
White Rice
Yellow Rice
Crab/Shrimp Rice
Red Beans & Rice
Collard Greens *(Smoked Turkey)*

Pastas/Casseroles/Other:

Shrimp Scampi Pasta
Classic Chicken Fettuccine Alfredo
(Chicken, fettuccine, Tasty P's classic Alfredo sauce)
Cajun Chicken and Shrimp Penne Alfredo
Salmon Fettuccine Alfredo
Baked Spaghetti Pasta
(Spaghetti, ground beef/turkey, pasta sauce, cream cheese, cheddar cheese baked into a casserole)
Shrimp Linguine Alfredo
Vegetable Alfredo
Vegan Chicken Pasta
Ritz Chicken Casserole
Jerk Chicken Pasta



Shrimp Étouffée
Chicken Piccata
Chicken Parmesan

Salads:

Summer Medley

(Assorted greens, bell peppers, strawberries, blueberries, feta cheese, Tasty P's homemade balsamic dressing)

Classic Caesar Salad

Garden Salad

(Iceberg lettuce, tomato, cucumber, green bell pepper, croutons, shredded cheddar, assorted dressings)

Italian Salad

(Iceberg mix, tomato, black olives, pepperoncini peppers, red onions, croutons, parmesan cheese, Olive Garden Signature Italian Dressing)

Beverage Menu:

Sweet Tea

Raspberry Tea

Peach Tea

Strawberry Lemonade

Lemonade

Summer Punch

(Ginger Ale, Pineapple Juice, Apple Cider)

Bottled Water

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